

The first five years of life are when a child's brain grows the fastest.

With simple activities like this one,
you can make every moment with your baby
a brain building moment.



PICTURE PARTS

Draw your child's attention to pictures of people in books, magazines, or even the signs around you. Point to different parts of a person's body or face and name them. Then point to and name the same parts on their body and on yours. As they get older, take turns pointing to and naming each part.



Brainy Background

You're helping your child learn to focus when you point to things and talk about them. When you use words to label parts of the body on their body, your own, and in pictures, you help them make connections between words and what they mean.

For daily brain building tips,
download the **FREE** Daily Vroom app at talkreadplaywi.com.

