



The first five years of life are when a child's brain grows the fastest.

With simple activities like this one, you can make every moment with your child a brain building moment.



## PLAYTIME PICKS

Pick a color or letter with your child and, together, go on a scavenger hunt to find as many things as you can in three minutes. How many things in the library are blue? Count out loud together as you find each item. You can also play with letters: How many things do you see that start with T?

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## Brainy Background

"I Spy" games like this one are great brain builders. They make your child aware of their environment and teach them to make connections between similar things. You can try this game with letters, colors, shapes—anything really!