

The first five years of life are when a child's brain grows the fastest.

With simple activities like this one, you can make every moment with your baby a brain building moment.



SNAP, CLAP, POP

Waiting time is a great time to see how many different sounds your child can mimic. Try clapping or making your cheeks go "pop!" See if they can follow your lead. Take turns being the one who makes the sound first and the one who copies it.



Brainy Background

Simple games can teach not-so-simple skills. When your child follows your changing patterns of sounds, they're paying attention to and copying your behavior. This is how self-control develops.

For daily brain building tips,
download the **FREE** Daily Vroom app at talkreadplaywi.com.

